

Week 6: Forgiveness

Scripture Reading:

"For if ye forgive men their trespasses, your heavenly Father will also forgive you." - Matthew 6:14

Opening Prayer:

Begin with a prayer seeking God's strength and wisdom to forgive and release any harbored resentments.

Devotional:

Forgiveness is one of the most powerful gifts we can offer and receive. Holding onto grudges can weigh us down, but by embracing forgiveness, we mirror God's grace towards us. Remember, forgiveness doesn't mean forgetting or condoning wrong actions, but it's a decision to release the hold those actions have on our hearts.

Discussion:

1. Why is forgiveness vital in our relationship with God and others? (Colossians 3:13)
2. How does unforgiveness impact our hearts and minds? (Hebrews 12:15)
3. Share a time when offering or receiving forgiveness brought healing and restoration.

Activity:

Have a candid family discussion on the importance of forgiveness. Encourage open dialogue and, if comfortable, share personal experiences.

Closing Prayer:

Close by asking God for a heart that is quick to forgive and seeking His healing for past hurts.