

Week 18: Counting Our Blessings

Scripture Reading:

"Blessed be the Lord, who daily loadeth us with benefits, even the God of our salvation. Selah." - Psalm 68:19

Opening Prayer:

Open with a prayer of thanksgiving, expressing gratitude to God for His daily blessings.

Devotional:

Counting our blessings is a practice that deepens our appreciation for God's goodness. Reflect on the importance of recognizing and thanking God for His daily blessings as described in Psalm 68:19. Discuss how this practice can bring joy and contentment to our lives. Encourage each family member to share blessings they are thankful for.

Discussion:

1. Why is it important to count our blessings and express gratitude to God daily? (Psalm 68:19; 1 Thessalonians 5:18)
2. Share personal experiences when counting blessings brought joy or comfort during challenging times.
3. How can your family incorporate a daily practice of counting blessings into your routine?

Activity:

As a family, create a "Blessings Jar" where each member can write down a blessing they are thankful for each day and place it in the jar. At the end of the week, read and reflect on the blessings together.

Closing Prayer:

End with a prayer of thanksgiving, expressing gratitude for God's daily benefits and a desire to continue counting blessings.